

# Survival Camp



You'll need a local site to use with some wooded area for hanging hammocks and a camp fire. Plus, you'll need an easy activity for the morning after that gets the adults back early. Axe throwing is ideal. If you can find someone who can do an axe safety session (for adults and kids) too then all the better.

The important strategy is to need adults to do things – don't turn up with loads of leaders that already know what to do. Look like you need help and get others involved. Give tasks (collecting wood, lighting the fire, setting up a tent, setting up hammocks....) to adults so they can feel useful, rather than watch from the side as they might do at a regular session evening.

This is a recruitment opportunity to engage adults without needing a DBS check for everyone! We charged £8 per young person and adults were free.

If you want to chat through any aspect (or invite me along!) then get in touch with Marc Coton (marc.coton@devonscouts.org.uk)

## Promotional Text

We would love to invite you to our Scout Survival Camp!

The format is different to typical Scout camps. Instead of parents dropping their kids off for the event, it is very much designed to enable adults to join in!

Saturday afternoon - come and help with:

- Shelter building
- Learn axe and knife care and craft
- Fire building and lighting
- Preparing and cooking supper on an open fire

Sunday morning - come and join in with:

- Rekindle the fires
- Cook breakfast
- Come and join in with our Scout-Adult axe throwing competition.

Although adults won't be able to stay overnight (unless you already have a Scout DBS check completed), adults are welcome to stay late into the evening while we have a camp fire, toast marshmallows, cook chocolate bananas, sing a few songs and tell some stories.

Then adults are welcome to return early in the morning to help out with fires, food and challenges.

It's a hectic 24 hours in the wild, doing what Scouts do best - loving living outside. It's a great way to find out how Scouting builds skills for life and how you can volunteer locally with a wide range of age groups, or behind the scenes with venue maintenance, fund raising, management or strategy decisions on committees.

It's in the Okehampton area and free for adults to attend. If you are interested in coming along, please get in touch with the County Commissioner, on 07581 179890, for a chat and to find out the venue details.

## Schedule

Saturday		Notes, tasks to assign
12 noon	Arrive at location.	Meet, greet, register (all people on site) Central location of kit to store Get camp fire started for lunch
12:15pm	Safety briefing and welcome	See safety briefing notes below
12:30pm	Lunch	Bread skewers for toasting.
1pm 2pm	A: Axe and knife care workshop B: Fire lighting skills	Lead for axe and knife workshop Lead for fire lighting workshop
3pm	Shelter building in the woods	Assign adults to groups of young people to help construct shelters
4pm	Fire building and lighting	Check that ground cleared, fires are constructed appropriately, ready to light, water on standby.
5pm	Cooking dinner	Food to be portioned up for dinner Food to be portioned up for pudding Fires correctly extinguished
7pm	Wide game	Wide game lead
9pm	Camp fire songs	Camp fire lead

Sunday		Notes, tasks to assign
8am	Relight the fires and cook breakfast	Check fires are ready to light
9am	Morning briefing; Take down the shelters and tidy	Take down base and check Rope and tarpaulin stored Hammocks stored
11am	Scout-Adult axe throwing competition	Axe throwing lead
12 noon	Everyone home!	

## Safety briefing and welcome

- Onsite register is in the dining shelter - make sure that adults sign in and out please.
- First aid is kept in the dining shelter too. Marc Coton is first aider.
- Return to dining shelter if you hear the signal.
- No child to leave the designated area until the end of the event
- Don't run in the woods. Plenty of trip hazards and sharp objects
- No bare feet at any time.
- Only drink from the designated water supply.
- Sun cream, hats, rehydration.
- Don't eat anything wild without permission from Scout Leader.
- How to use the toilets.
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- Designated areas - not allowed out the gate, near the buildings.
- Dangers from woodland - avoid brambles, nettles, anything that can scratch/sting you.
- Traffic- move out the way and then stand still, no running over track,
- Den Building
  - Aim is to make a bivouac for two people to sleep in tonight.
  - Should provide shelter from rain and wind.
  - Should provide camouflage too!
  - Wholly natural is a bigger challenge, tarpaulin allowed though.
  - An adult must check that the structure is secure before you get in it
  - Not running a climbing activity - stay on the ground.
  - No rope or string around body parts such as neck.
- Chainsaws, Axes, knives, sharp sticks -
  - Only to be used under supervision of a competent person.
  - Chainsaw only to be used by the owner
  - Axe users must wear suitable footwear
  - Knife users must be stationary and supervised. Notify an adult before you begin and get permission to start.
  - Don't poke each other with sharp sticks, knives or anything else.
- Fires
  - Purpose is to cook so small scale works best, cooking on embers not flames
  - Matches, lighters, flint and steel + cotton wool and Vaseline
  - No liquids to be used such as diesel, petrol, lighter fluid.
  - Clear the ground of leaves and use logs to edge the space where the fire will be
  - Avoid overhead branches
- Assess risks on the go - report any issues.

## Leaders' Kit List

- Dining shelter
- Toilet tent and toilet
- Tarpaulin
- Rope
- Cooking utensils
  - Spoons/spatula
  - Billy cans/pots for cooking jambalaya
  - Bags/pots for distributing raw meat separately to other ingredients
  - Kitchen knife and cooking board
- First Aid kit and accident book
- Flints and steel, lighters, cotton wool, Vaseline
- Washing up bowls and/or fire buckets
- Axes and knives
- Kitchen table/surface to prepare food
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## County Kit to borrow

We have 24 sets of hammocks, groundsheets and waterproof covers that you can borrow free of charge. Contact Jane Batchelor at [countyadmin@devonscouts.org.uk](mailto:countyadmin@devonscouts.org.uk) to book the equipment.



## Menu

Saturday lunch: Beans on toast

Saturday dinner: Sausage/Mushroom jambalaya

Saturday pudding: bananas and chocolate

Sunday breakfast: bacon sandwiches/scrambled egg and mushroom sandwiches

### Easy Jambalaya with sausages and/or mushrooms

[http://www.waitrose.com/home/recipes/recipe\\_directory/e/easy\\_jambalaya\\_with\\_chipolatas\\_and\\_chorizo.html](http://www.waitrose.com/home/recipes/recipe_directory/e/easy_jambalaya_with_chipolatas_and_chorizo.html)

This recipe is a great one pot meal that can be cooked over a small camp fire by pairs of young people (and their parents!) It goes down really well and can be simplified even further to:

- **Total time: 30 minutes**



### Ingredients for 2 people

- 1 tsp oil
- 6 butchers sausages
- 2cm of chorizo
- 100g of mushrooms
- 150g Easy Cook Long Grain Rice
- 400g can Chopped Tomatoes with Chopped Herbs
- 1 vegetable stock cube
- 1 red pepper
- 1 onion



### Method

1. Heat the oil in a small pan/canteen and cook the sausages through first for 10 mins, adding the onions after 5 mins.
2. Add in the peppers and mushrooms and cook for 5 mins too.
3. Add the chopped tomatoes and stock cube and bring to the boil.
4. Now add the rice into the same pan, topping up with water to cover the ingredients.
5. Cook through until the rice is done, adding more water if needed.

#### DON'T COOK THE RICE SEPARATELY.

It avoids needing more pans and a bigger fire, Plus, the rice absorbs the flavour of the stock cube, tomatoes and meat which makes it scrummy.

On the central fire, have lots of hot water boiling so that you can add to the cooking mixtures just after the rice goes in. You'll need plenty more afterwards too for the washing up!

## Shopping List

- Lunch
  - Baked beans
  - White bread
  - Grated cheese
- Dinner
  - Tinned tomatoes
  - Diced onions
  - 3 sausages per meat eater
  - Ring of Chorizo
  - Handful of mushrooms per vegetarian
  - Vegetable stock
  - Rice
  - Cooking oil
- Camp Fire
  - Bananas
  - Chocolate
  - Silver foil
  - Cotton wool
  - Vaseline
  - Lighters
- General
  - Hand wipes
  - Toilet rolls
  - glow sticks
  - Marshmallows
- Breakfast
  - Tomato sauce
  - Rolls
  - 3 slices of Bacon per meat eater
  - 3 Eggs per vegetarian
  - Mushrooms